

To Get Started

Call our office to schedule an appointment. An initial assessment will determine the nature and impact of the presenting concerns and identify options for addressing the issue. If additional treatment is indicated, the Intake Counselor will recommend the most effective method of treatment, which may include group counseling, workshops, or individual counseling.

**If you know someone
in need of help, please call
908-362-5700 today.**

**Our Intake Counselor is
here to take your call and
answer your questions.**

We are here to help.



Who We Are

North Warren Counseling Center (NWCC) is the latest entity of Little Hill Foundation, which is a not-for-profit organization founded in 1957. For over 60 years we have been a leading provider of long term substance abuse residential treatment. More recently we have identified the need in our community to provide short term outpatient care with the understanding that early intervention is crucial. As a result, we are proud to introduce North Warren Counseling Center. NWCC will offer a comprehensive treatment experience for families struggling with mental health and addiction.



North Warren Counseling Center

13 Stillwater Road
Blairstown, NJ 07825
908-362-5700

NorthWarrenCounselingCenter.org

**NWCC is licensed through the
state of New Jersey.**

INSURANCE ACCEPTED

Little Hill Foundation is a 501(c)3 not-for-profit organization which operates North Warren Counseling Center.



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What We Do

North Warren Counseling Center provides outpatient substance abuse treatment and mental health services for adults and adolescents. Our Substance abuse treatment is guided by a 12-step, abstinence based philosophy, and our comprehensive mental health service encourages a safe nurturing environment allowing for personal growth and healing.

All services are delivered by experienced clinicians who are sensitive to the needs of diverse backgrounds, cultures, ethnic groups, ages, and ability, and are LGBTQ affirming.

Adolescent Intensive Outpatient Program (IOP)

The Adolescent Intensive Outpatient Program (IOP) is a structured, short term treatment program designed for teens who have begun to struggle in their day-to-day lives with substance abuse. The IOP meets three times per week as an afterschool program and is designed to provide tools and build support while creating healthy connections with families and other teens. Our treatment team works closely with parents and schools to ensure comprehensive care

Interventions include:

- Level of Care Assessment
- Individual, Group and Family Counseling
- Drug Education
- Coping Skills Training
- Emotional Processing
- Weekly Drug Testing
- Relapse Prevention Education

Transportation services are available. Please call our office for more detailed information.

Outpatient Program (OP)

The Outpatient program provides one-to-one counseling services and group therapy. Clients at this level of care will explore a variety of concerns which may prevent them from functioning at their optimum levels. Services include both mental health and addiction. Examples of treatment at this level of care include:

- Addiction/Relapse Prevention
- Body Image/Disordered Eating
- Anxiety
- Depression
- Self-Harm
- Grief and Loss
- Trauma

